



The Covenanter

August 2024



Winter Park
PRESBYTERIAN CHURCH



Worship Services: 8:15 & 10:30 AM | Sunday School: 9:15 AM

400 S. Lakemont Avenue | Winter Park, FL 32792 | 407-647-1467 | www.winppc.org

Newsletter Submissions: cindym@winppc.org

				THURSDAY 1	FRIDAY 2	SATURDAY 3
					Tai Chi 11:30am, FH	
SUNDAY 4	MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9	SATURDAY 10
Communion Worship Svc. 8:15am-Chapel 10:30am-Sanctuary Sunday School 9:15-10:15am Children's Church 10:30am	Tai Chi 11:30am, FH	Staff Meeting 10:30am, Rm 301	PS Meet the Teacher 9am-Noon	PS First Day of School	Tai Chi 11:30am, FH	
SUNDAY 11	MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16	SATURDAY 17
Worship Svc. 8:15am-Chapel 10:30am-Sanctuary Sunday School 9:15-10:15am Children's Church 10:30am	Tai Chi 11:30am, FH	Staff Meeting 10:30am, Rm 301	PS Board Mtg 10:30am, Rm 301	Communion Svc Westminster WP 11am Deacon Meeting 7pm, Rm 301		
SUNDAY 18	MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23	SATURDAY 24
Worship Svc. 8:15am-Chapel 10:30am-Sanctuary Sunday School 9:15-10:15am Children's Church 10:30am	Tai Chi 11:30am, FH	Staff Meeting 10:30am, Rm 301	WPPC Handbells 6pm, Rm 102 Chancel Choir 7:15pm, Sanctuary	Neighbors & Friends Outing 11am, Meet at WPPC Session Meeting 7pm, Rm 301	Tai Chi 11:30am, FH	
SUNDAY 25	MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30	SATURDAY 31
Worship Svc. 8:15am-Chapel 10:30am-Sanctuary Sunday School 9:15-10:15am Children's Church 10:30am		Staff Meeting 10:30am, Rm 301	WPPC Handbells 6pm, Rm 102 Chancel Choir 7:15pm, Sanctuary		Tai Chi 11:30am, FH	

NEIGHBORS & FRIENDS

It's time to look ahead with Neighbors & Friends ministry.

The August outing is planned. We will gather at the church at 11am on **Thursday, August 22** for an outing to Sanford for lunch. We will dine at the *Hollerback's German Restaurant*. We plan to take the church bus and use private cars if necessary. RSVPs will be necessary by August 15th to accommodate the restaurant staff request. RSVP to the church office, 407-647-1467. Restaurant staff have assured us there will be inside seating for us and they can accommodate a large group. Lunch will be on your own with selections of menu items from both the lunch and dinner menu. Watch the bulletin for specific details as the time nears. This is a wonderful opportunity to enjoy a delicious meal with friends and neighbors. There will be some time allowed to explore downtown Sanford while we are there.

Please plan to join us.

Our Fall calendar is taking shape for our monthly gatherings at the church. We will have a catered meal and a lineup of programs to enjoy. We will hear about both indoor and outdoor gardening and we will enjoy choral music. Watch this space for updates!

The Neighbors & Friends ministry welcomes anyone who wants to experience fellowship.



EXCUSE OUR DUST...

We continue to move forward with several projects at our church and the photos are worth at least a thousand words. These pictures are of the old library and resource rooms. We have added a bathroom and are converting this space into usable rooms for our Preschool. Work will be completed within the next couple of week.

Additionally, we are organizing a new library and redoing our history room in efforts to update the technology in these meeting spaces, preserve and display important documents highlighting our rich heritage, and make our history, the history of Winter Park Presbyterian Church, more accessible. We look forward to a grand reopening of these areas sometime in the not so distant future. Finally, we are also working to schedule some major sidewalk repairs, along with additional enhancements making our sanctuary more accessible and upgrading our technology and sound system.

We pray these, along with other improvements, will help serve the needs of our community and be a tangible expression of God's glory in our lives, as we seek to love others and be faithful to our Lord Jesus Christ.

Grace, Mercy and Peace

Pastor Darren





CARING FOR GENERATIONS UPDATE

Our congregation donated \$620 to *Caring for Generations* this year. 100% of these donations will be sent to the *Benevolent Assistance Program* to support the residents of *Florida Presbyterian Homes* and *Westminster Communities*. These monies provide needed care for those residents who have outlived their financial resources.

PENTECOST OFFERING UPDATE

As of June 15th, \$336 has been received for our selected recipients. This year 40% will be sent to the Center for Women and Families located at the Coalition for the Homeless in Orlando and 60% will be sent to the *Presbyterian Ministry Agency* for similar programs throughout the denomination.



WPPC Compassion Committee Local Service Projects

Central Florida Coalition for the Homeless
 Back to School Collections
 Sox for the Homeless
 CommUnity Toys for Apopka
 Souper Bowl of Caring

Local Outreach Supported by WPPC

Center for Women & Families, Coalition for Homeless of Central Florida
 Christian Service Center
 Health Care Center for Homeless
 IDignity
 SALT Outreach, Inc. (Serving and Love Together)

Special Offerings

One Great Hour of Sharing
 Caring for Generations
 Pentecost Offering
 Peacemaking Offering
 Christmas Joy
 5 Cents Per Meal

Missions Supported by WPPC

Audrey Santiago, *Transitions Orphan Assistance Foundation*, Ukraine
 Dr. Robert Gamble, *This Child Here*, Ukraine
 Dennis & Susan Walters, *SIL*, Asia
 Steve & Sonia Dettweiler, *Wycliffe*, Nigeria
 Dr. Anne Hallum, *A.I.R. (Alliance for Reforestation)*, Guatemala
 Iglesia de Santa Clara Presbyterian, Santa Clara, Cuba

PC(USA) World Missions

Mark Hare & Jenny Bent, Costa Rica
 Dan & Elizabeth Turk, Madagascar



With the hassles of day-to-day life, sometimes it is easy to forget to be grateful. Studies show that people who are grateful for what they have tend to live longer. Feelings of gratitude may increase longevity among older adults, who tend to have a lower risk of premature death from any cause, compared to those with the least gratitude, according to findings published July 3 in the journal *Jama Psychiatry*.

More than 49,000 people with an average age of 79 took part in the six-question survey where they were asked to agree or disagree with statements like "I have so much in life to be thankful for" and "If I had to list everything that I felt grateful for, it would be a very long list." Three years later, researchers followed up to identify deaths among those women, and found that more than 4,600 participants had died, most commonly of heart disease. Results showed that those with the highest levels of gratitude had a lower risk of death from any cause, compared to those with the lowest.

Gratitude appeared to protect against every specific cause of death included in the study, and most significantly against death by heart disease, researchers said. Other causes included cancer, respiratory diseases, neurodegenerative diseases, infections and injuries.

Based on this, people might be able to improve their health by focusing on things for which they are grateful, researchers said.

Prior research indicates that there are ways of intentionally fostering gratitude, such as writing down or discussing what you are grateful for a few times a week. Promoting healthy aging is a public health priority, and we hope further studies will improve our understanding of gratitude as psychological enhancing longevity.

We have so much to be grateful for, even with life's ups and downs, and we need to remember that we are blessed to be in the bosom of God.

-Wendy Stafford, WPPC Health Care Coordinator
wendys@winppc.org or 321-422-8883



In Loving Memory

*Christian sympathy is extended to the family
and friends of those who have recently passed.*

Doris Anguish
12/6/1931 - 7/31/2024

Joan Branch
9/22/1942 - 4/30/2024

Robert A. Miller
8/14/1927 - 7/17/2024

Deacons' Den

Debbie Pauzar

Dear Church Family,

The Deacons are responsible for each Memorial Service and Reception. Yet because of the smaller number of Deacons this year, various health issues and family needs, the Deacons urgently need to update our Volunteers' List to assist us in this endeavor.

When Jim McKinny was Deacon Moderator, in 2019, He wrote:

"This is one of the more important, satisfying, as well as labor intensive responsibilities of the Deacons in spiritually honoring the memory of a departed loved one as well as supporting and honoring the family and guests. It also offers the opportunity to showcase our magnificent church to a large number of outside visitors.

At times, the Deacons can find themselves overwhelmed in carrying out this responsibility."



Dear Friends, as I read Jim's beautifully written appeal to our church family for volunteers, it reminded me of this beautiful truth:

WPPC has been blessed throughout our church history with countless Elders, Deacons and volunteers, all working together to live our faith in Christ-like love for others, just as Jesus commanded us to. It truly takes all of us working together to meet the needs of our church.

The only requirements needed to be a volunteer are to simply have the willingness to help and have compassionate hearts full of love for others.

As a volunteer, besides helping those in need, working along side other church members further strengthens our bonds of friendship and love!

The Deacons are specifically asking volunteers to serve as ushers or to help with the Fellowship Hall set-up and the kitchen crew.

Mike Galyean has done an amazing job serving as Head Usher for many years but now needs to step back. Ideally, we would love someone to commit to take his place as Head Usher.

To sign up as a volunteer, please send an email to the office with your contact information: name, phone number and email address. The Office will forward that to the Deacons. Or you can write down your information on a piece of paper and drop it in my church mailbox or give it to any Deacon.

We understand that you may not be able to help at the time we contact you for a specific Memorial Service! Yet we want you to know how much we appreciate your willingness to serve when you can!

Would you please consider adding your name and contact information to our new Volunteers' list?

Below is a letter from Audrey Santiago with the latest news from Transitions Orphan Assistance Foundation in Odesa, Ukraine.



ORPHAN
ASSISTANCE
FOUNDATION
www.transitionsoaf.org

June 23, 2024

Dear Friends,

I long for the days that my reports to you were full of happy news. Since the commencement of the war, it seems that a lot of the news I receive from Odesa is not so cheery. Ukrainians are quite good at pulling themselves up by the bootstraps and making the best of any situation, so it would be easy for me to paint you a rosy picture and omit the thorns. However, that would not portray an accurate picture, and it certainly wouldn't be right or fair for me to do that.

I can, however, begin on a positive note. Conversations with our foster family in Odesa revealed that since the aid package from the United States arrived in Kyiv, Odesa has been experiencing significantly less air attacks and hits. It seems that American assistance is helping Ukraine's air defense in a big way and fewer Russian missiles are reaching their targets. This aid has been life-saving. Everyone is thankful for it, and our friends in Odesa want you to know.

Despite that good news, life in Odesa (and all of Ukraine) has become even more difficult in recent months due to long and frequent power outages. Russia has been relentless in attacking Ukraine's power grids. Ukraine works furiously to repair and replace, but those at home are largely living without power. One family reported that they had had electricity for only twenty minutes in twenty-four hours. The silver lining in this is that it is summer, and therefore, heat is not an issue. Summer also provides more daylight hours, so lights only become an issue in the late evenings. Most cooking is done with gas, and that is also a blessing. But now, sit for a moment and think of all the parts of our days that rely on electricity. So much of our personal lives and livelihoods depend on electricity. How long could you be without before utter frustration overtakes? Living in Ukraine has gone back to the basics: washing clothes by hand rather than by machine; sweeping with a broom rather than a vacuum; forget about ironing clothes. All of that is doable if not inconvenient, but in this age of internet, not having the use of devices in homes and businesses is a burden and worse.

We find ourselves powerless to relieve those particular burdens, but we are not powerless to continue to help our families there. One of our families has two concerns that you may be able to alleviate.

My husband and I with the Vatan family in Bad Arolsen, Germany (November 2023)



The Vatan family is our foster family that lives in Bad Arolsen, Germany. We visited with them in November. This family is particularly frugal and self-reliant. They do a lot with a very little and do not complain. I mentioned in my last newsletter to you that Misha, the house dad, has been pastoring a small Ukrainian refugee church that meets on Sunday evenings at one of the German churches in Bad Arolsen. This church is a life-line for many. Ukrainian refugees may be safe in the countries they fled to, but they often feel out-of-place and isolated from their friends, family, and culture. Learning a new language and adjusting to new schools and ways of life are difficult. These little refugee churches bridge the gap. I hear that some of the independent Protestant churches in Ukraine are closing due to lack of leadership or dwindling membership due to members that have fled for safer places or who are away serving their country. The refugees in Germany and other countries will be instrumental in reestablishing the churches in Ukraine at the conclusion of the war when it is safe for them and their children to return.

Misha has been leading a growing flock. He had been using his own car to help care for the foster kids that we support as well as to conduct church business, including using it as a minibus to carry folks to and from church services. Now, it happened that his car became old and used, and it was not up to German standards. It was sure to fail the required inspections. The only answer seemed to be a newer German car, and that was an impossibility on the Vatan's financial allowance.

Misha and Tanya came to Michelle and me asking if we could see any solution. The solution we saw was to offer to purchase a newer car for them. Almost as soon as we shared that we'd like to help, just the right minivan turned up. It was gently used and at a good price of \$14,000. Because it was too good a deal to turn down, Michelle and I were able to obtain an interest free loan (which we need to repay), and the van has been purchased. Since the day of its purchase, it has been used every single day, not only caring for our foster kids and carrying church members to and from church, but also to ferry members to and from men's, women's and youth activities and meeting and greeting new refugees at the train station in Bad Arolsen. The car problem has been resolved for the Vatan's; repayment of the loan remains for us to manage.

When one shoe drops, quite often it is followed by the other, and that is exactly the case here. Almost as soon as we made the decision to purchase the car, another issue developed, this time with Misha's dental health. He needs extensive dental work, and Germany's refugee support is not sufficient to cover the costs. This will cost \$5000. We are hoping that we can help with this, too.

In order to finance the car and the dental work, we are immediately launching a summer fundraiser for the Vatan family. We are hoping that you will help us to reach our goal of \$19,000. Donation information is at the end of this letter. If you would like to participate in this fundraiser, please add the note, *For the Vatan Family*, on your donation.

To end on a sunshiny note, I am including a few pictures of the first of several of our summer mini camps for the children at the Pishana Orphanage. Because of the war, gathering large groups of children is forbidden, making it impossible to run a big camp for all the children at once. Not to be discouraged, our Pishana team has organized a series of mini camps in various villages surrounding Pishana. The theme of the camps is *David and Goliath*, a story quite pertinent for Ukraine at this time in history. Each of these camps will include Bible stories, songs, games, crafts, and snacks. Bags of groceries and necessities will also be provided for the families that attend. The first two camps were a huge success, and we are looking forward to serving many more children and families throughout the summer. You may also wish to follow this link to watch a short video of the first two summer camps: <https://www.youtube.com/watch?v=OCzdSyPqF8>



As I draw to the end of each of my letters, I am always reminded that I would not be doing these things or writing these letters if it were not for you and your kind support. In peacetime, and now, in times of war, YOU make this happen, and for you, we are so grateful! Thank you for sharing your love and your gifts with our folks in Odesa!

With gratitude and love,
Audrey

Donation Information

Checks may be written to:

Transitions Orphan Assistance Foundation, Inc.

*541 Evening Sky Drive
Oviedo, FL 32765*

-or-


*3530 Diamond Leaf Lane
Oviedo, FL 32765*

Online options to donate can be found on our website: www.transitionsoaf.org

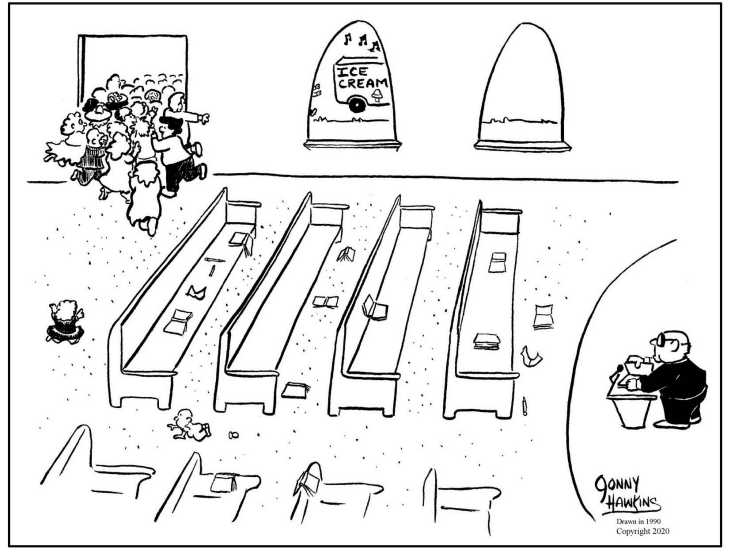
Bible Quiz

What kind of birds does God use to supply Elijah with food at the Kerith Ravine?

- A. quails
- B. ravens
- C. eagles
- D. doves



Answer: B (See 1 Kings 17:2-6)

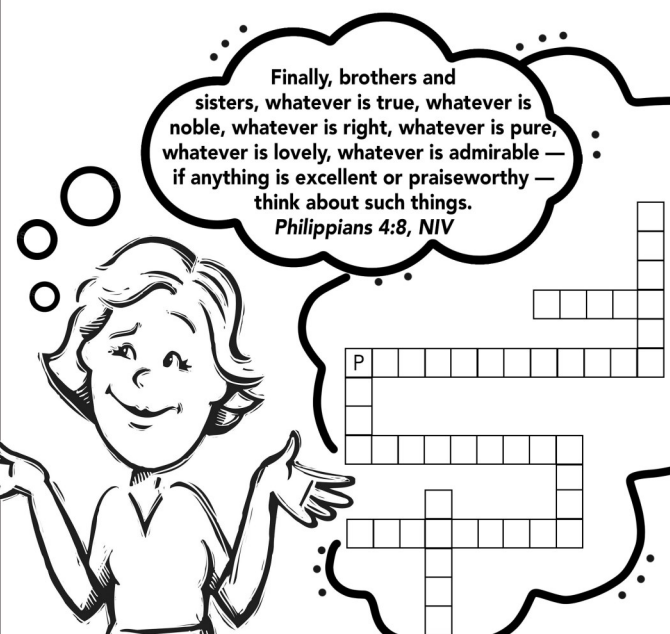


Puzzle!

Match each word in Column 1 to its synonym in Column 2. Then use the words from Column 2 to complete the boxes below.

<p>COLUMN 1</p> <ul style="list-style-type: none"> correct commendable extremely good having high moral principles deserving respect pleasant real wholesome 	<p>COLUMN 2</p> <ul style="list-style-type: none"> excellent lovely noble admirable pure praiseworthy true right
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Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things.
Philippians 4:8, NIV








Match Answers: correct - excellent; commendable - lovely; extremely good - noble; deserving respect - admirable; pleasant - lovely; real - true; wholesome - pure; Horizontal Answers (top to bottom): noble, praiseworthy, respect, excellent, admirable; Vertical Answers (left to right): pure, right, true, lovely

PUZZLE

BY THE SEASHORE

The sea and its creatures are evidence of God's intention and purpose in creation.

Directions: Unscramble the words. Then copy the circled letters in order below to complete Psalm 104:24-25, NIV.

 <p>DASN LHSELS USN ESEDAIS BHECA LALUBMER WRTEA FRUS VWSEA</p>  	 <p>___ ___ ___ ___ ___ ___ ___</p> 
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How many are your works, LORD!
In wisdom you made them _____;
the earth is full of your creatures.
There is the _____, vast and spacious,
teeming with _____ beyond number —
living things both large and small.
Psalm 104:24-25, NIV

Answers: sand, shells, sun, seaside, beach, umbrella, water, surf, waves, all sea, creatures



Nicole Fye, Director
 Rosaura Velazquez, Assistant Director
 400 S. Lakemont Avenue
 Winter Park, FL 32792-4600
 407-629-0727
www.winppc.org/preschool

ALL ABOUT WINTER PARK PRESBYTERIAN PRESCHOOL



Good news! As we continue to grow, we are opening a new infant classroom that serves children ages 4 months to 12 months. Schedule your tour today! Call 407-629-0727. Our infant room is specifically designed to meet the physical, social, emotional and cognitive developmental needs for infants as young as 4 months old to 12-month-old.

We cannot wait for our children, teachers and staff to return to a new school year. There are so many new events and activities that will help bring families together and for children to grow and experience these memories with those that they love.

Children will gain a love for learning through developmentally appropriate interactions, an engaging curriculum, and a variety of play experiences. They will have daily opportunities for spiritual growth through prayer, Bible stories, scripture verses, and chapel to help them know who they are and whose they are. At WPPP, we encourage children in a nurturing, positive and loving environment. We desire to integrate character by modeling love, kindness, compassion, and grace as the foundation for a life-long pattern.

While the child is at "play" they are learning so many skills that will prepare them for a successful future. Children do their best when they are creating and exploring with their hands and learning to socialize with others.

"We believe that every child is fearfully and wonderfully made" (Psalm 139) and is a unique reflection of God's love.

Together we can build a beautiful and harmonious community.

JOIN US FOR MEET THE TEACHER

August 7, 2024
9:00 a.m. to 11:00 a.m.

Please bring any diapers, wipes, and spare clothes for the classroom your child may need to avoid having to bring on the first day of school.



Winter Park Presbyterian
PRESCHOOL



WPPC will NOT be serving at the Coalition in June, July, August, and September.

They will start collecting donations and signing up volunteers again in September.



COALITION FOR THE HOMELESS - Here's How to Help

Winter Park Presbyterian Church has been involved in a feeding ministry even before the Central Florida Coalition for the Homeless was created in 1987. We serve on the 1st Friday of each month.

If you would like to donate your time to prepare the food during the week before the 1st Friday, please review the information below and contact the Team Leader listed. If you would like to serve, please sign up on the Coalition serving list posted in the hallway near the office, or contact Anna Caparis at 707-889-4768/annafromal@yahoo.com.

What	When
Bake brownies / Anna Caparis 707-889-4768	Wed 10/2 9:00-11:00 AM
Prepare meal / Anna Caparis 707-889-4768	Thurs 10/3 9:30-11:30 AM
Bag brownies / Wendy Jamison 407-739-7858	Fri 10/4 9:00-10:00 AM
Donate reading materials: Magazines for men, women, & children (news, cars, sports, National Geographic, religious magazines/booklets, paperback books)	All month: Place in COALITION giant storage box in Fellowship Hall.
Prepare to transport: Gather supplies, load food & supplies into bus Anna Caparis 707-889-4768	Fri 10/4 3:30-4:00 PM
Serve the Meal. Join us in the WPPC kitchen for departure to Coalition at 4:00 PM and return by 7:00PM. Volunteers please wear closed-toed shoes; it is a violation of health code to wear flip-flops. Please sign up in office hallway <u>and</u> call Anna Caparis (707-889-4768) by the Wednesday before if you would like to serve. The Coalition requires each volunteer to register.	Fri 10/4 4:00-7:00 PM NOTE: The church bus is reserved for this function.
Cleanup kitchen: Wash, sanitize items used; store supplies	Fri 10/4 7:00-7:30 PM
Financial Donation: Make check out to WPPC; note on the memo line "Coalition for the Homeless" - mail to WPPC or bring to the church office.	Anytime

HOMELESS COALITION TEAM NEEDS VOLUNTEERS

Each month about 40 devoted WPPC volunteers handle the many tasks to provide and serve a wonderful meal to our guests at the Coalition.

We are in need of additional volunteers for various projects, and backup volunteers when regulars must be absent.

Any of the above gifts, or your time, are so appreciated!

**To help in any way, please contact: Anna Caparis
707-889-4768 or annafromal@yahoo.com**

Coalition for the Homeless of Central Florida is a Compassion Committee Ministry.

8/1

Stan Halterman
Esther Shott

8/2

Tom Simmons

8/3

Ernestine Beattie

8/5

Marilyn Kieffner

8/7

Brad Hurd

8/8

Laurie Grizzard
Emily Kent
Carol Pickler

8/11

Robbie Dreasher

8/13

Steve Bryant

8/14

Cheryl Darcy
Malcolm MacDiarmid

8/15

Mary Beardall

8/17

Harper Erb

8/21

Isidoro dePaula

8/22

Sandy Matrick

8/24

Nancy Hamlin

8/26

Larry Seel
Ann Tebbetts

8/27

Ann MacDiarmid

8/28

Susan Price

8/30

Donna Ettinger

8/31

Marilyn Simmons

9/1

Edna Jordan

9/2

Rachel Myers
Victoria Snyder

9/5

Larry Morse

9/10

Barbara Lane

9/13

Ray Schieber

9/16

Myrna Ham

9/19

John Evans

9/21

Nicholas Frallicciardi
Dona Stepp

9/22

Wendy Jamison
Teresa Kountz

9/23

Barbara Halterman

9/25

Hal Eastburn
Debby Roberts

9/26

Norman Hittinger

9/27

Warren Deatrack

9/28

Bill Branch

9/30

Mike Galyean
Dee Mamone
Nancy Ocque
Andy Riccio
Paula Smathers
Jim Spivey



The Rev. Dr. W. Darren Bess, Senior Pastor
 The Rev. Dr. James A. Capps, Senior Adult Ministry Coordinator
 Justin Chase, Director of Music
 Penny Walsh, Organist
 Sandra Shafer, Pianist
 Scott Beck, Director of Handbells
 Carolyn Achenbach, Director of Operations/Accountant
 Cindy Mitchum, Executive Assistant
 Barbara Hordern, Administrative Assistant
 Wendy Stafford, Health Care Coordinator
 Adam Davies, Sexton
 Nicole Fye, Director of Preschool Programs
 Rosaura Velazques, Assistant Director of Preschool Programs
 Katie Daniels, Preschool Administrative Assistant

SESSION

2024

Mike Galyean
 John Gehrig
 Jayne Leach
 Audrey Santiago
 Sara Van Arsdel

2025

Theresa Coker
 Mary Ferguson
 Cathy House
 Glenn Riccio
 Ron Thompson

2026

Syd Davis
 Betty Johnston
 Shaheed Mohammed
 Nelson Roe

DIACONATE

2024

Lisa Dreasher
 Jerry Fitzgerald
 Nancy Galyean
 Andy Riccio

2025

Meg Baldwin
 Anna Caparis
 Lynne McKnight
 Debbie Pauzar
 Deborah Roberts

2026

Ernestine Beattie
 Sue Howard

MISSIONARIES

Mark Hare & Jenny Bent - Costa Rica
 Dr. Dan & Elizabeth Turk - Madagascar

For Covenanter or Sunday bulletin submissions, please fill out a publicity request online at <http://winppc.org/publicity-request/> or contact Cindy Mitchum at cindym@winppc.org or 407-647-1467.