



## Fall Enrichment Classes 12 Week Sessions

### **Mon – Sept. 11, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 27, Dec. 4** **Soccer for 3 year olds\* – 1:20-1:55 p.m.**

*Soccer Shots* is the national leader in youth soccer development for children ages 2 through 8. Our program was created under the guidance of childhood education specialists, MLS and USL professional soccer players, and experienced and licensed soccer coaches. We use creative and age appropriate curricula, and infuse each lesson plan with enthusiasm and structured activity. All of our coaches are enthusiastic individuals who love working with children of all ages.

### **Mon – Sept. 11, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 27, Dec. 4** **Soccer for 4 year olds\* – 1:55-2:30 p.m.**

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### **Mon – Sept. 11, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 27, Dec. 4** **Music & Movement for 3 and 4 year olds\* with Ms. Mollie – 2:00-2:30 p.m.**

Music & Movement is an excellent way for your child to develop balance and coordination through creative dance and expression, rhythmic movement, and song and dance activities. The children learn body awareness, eye-hand coordination and directionality. They will learn how to follow directions while having fun! We also incorporate a variety of musical instruments and props for the children to explore which provides a creative atmosphere where children can experiment with new materials as they move to the beat! This class is designed to build attention and self-expression and includes singing, chanting, moving, focused listening, musical games and storytelling. Ms. Mollie integrates an array of music and movement activities into her class, and this combination provides a fun, creative musical experience!

### **Tues–Sept. 12, 19, 26, Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 28, Dec. 5** **Soccer for 2 year olds\* – 1:25-2:00 p.m.**

This age appropriate curriculum has been developed to help two year old children with coordination, balance, and psychomotor skills, all while having fun and using a soccer ball. *Soccer Shots* is the national leader in youth soccer development for children ages 2 through 8. Our program was created under the guidance of childhood education specialists, MLS and USL professional soccer players, and experienced and licensed soccer coaches. We use creative and age appropriate curricula, and infuse each lesson plan with enthusiasm and structured activity.

### **Tues–Sept. 12, 19, 26, Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 28, Dec. 5**

#### **Yoga for 3 and 4 year olds\* with Mrs. Richmond – 1:30-2:00 p.m.**

Yoga for kids is an incredibly fun, interactive and educational experience! A passion for yoga and a love for children is at the core of this program. Children derive enormous benefits from yoga. Physically, it enhances their flexibility, strength, coordination, and body awareness. In addition, their concentration and sense of calmness and relaxation improves. Yoga teaches them to persevere, be patient and work toward their goals.

#### **The Yoga curriculum includes.....**

- breathing exercises appropriate for children
- child-friendly yoga poses
- relaxation techniques & visualizations
- creating and using themes and stories
- yoga games
- partner & group poses
- simple creative movement routines

Mrs. Erin Richmond has been teaching yoga for nine years. She started her training in NYC and has her 500 hour certification as well as certifications in prenatal and children's yoga. Her favorite students are children. She loves hearing their laughter and seeing joy in their faces while practicing yoga!

### **Tues-Sept. 12, 19, 26, Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 28, Dec. 5**

#### **Spanish with Mrs. Aida Nassar for 3 and 4 year olds\*-- 2:00-2:30 p.m.**

Bienvenidos a la clase de Español! Come and join Señora Aida Nassar for Spanish! Have fun learning Spanish while singing, playing games and acting out some of our favorite stories like Dora, Diego and Dr. Seuss. Aida Nassar was born and raised in El Salvador as a native Spanish speaker. She has lived in Florida since 1989 and earned a Bachelor of Science degree in Biology Education from UCF. She has had the pleasure of working for WPPC Preschool for eight years. Our preschool students are at an ideal age to learn a second language. Discover how easy it is to have a great time while learning. ¡Nos vemos pronto!

### **Wed– Sept. 13, 20, 27, Oct. 11, 18, 25, Nov. 1, 8, 15, 29, Dec. 6, 13**

#### **“ARTy pARTy” with Mrs. Cross for 3 and 4 year olds\* -- 1:10-1:40 p.m.**

Mrs. Cross' art students soon learn that creative expression is as individual as our laughter. Through the arts, children gain self-confidence, develop fine and gross motor skills, social skills and problem solving skills. ARTy pARTy students will expand their imaginations and vocabulary of art, artists, materials and tools. Kids get tactile, sensory, gluing, building, organizing, sorting, painting, three dimensional, two dimensional, textures, elements of art, drawing, cutting, tearing, shapes, forming, color mixing and primary colors experiences. Art students will work with clay, paints, print making, positive and negative spaces and just have lots of fun with art experiences and the process.

September 13 - Dot, dot, lots and lots  
September 20 - Big beautiful birds - Bryant Holsenbeck  
September 27 - Printmaking Palooza inspired by Pablo Picasso  
October 11 - Clay Play surprises - Pablo Picasso  
October 18 - Canvas Painting with neon colors - Andy Warhol  
October 25 - Large Watercolors flowers with Georgia O'Keefe  
November 1 - Patterns of the Seminole Native Americans  
November 8 - Wooden sculptures - Louise Nevelson

November 15 - Patchwork paintings - Faith Ringgold  
November 29 - Round and Round - Wassily Kandinsky  
December 6 - Hoots in clay  
December 13 - Holiday art - Norman Rockwell  
**Supply Fee: \$12.00 to be included with the tuition payment**

### **Wed– Sept. 13, 20, 27, Oct. 11, 18, 25, Nov. 1, 8, 15, 29, Dec. 6, 13**

#### **Culinary Kids with Mrs. Cross for VPK students – 1:45–2:30 p.m.**

Experience the joy of cooking and science! Each week students will use new ingredients to prepare, cook, and present a unique dish. Students will experience a chance to set the table, napkin folding, coming together for a meal, food passing and table conversations.

September 13 - Breakfast blasts and bars  
September 20 - Muffin monkeys  
September 27 - P is for Pie - crusts and fillings  
October 11 - Mixing up snack mixes  
October 18 - Super Shakes  
October 25 - Pudding Pals  
November 1 - Food as Art  
November 8 - Greek Pastry  
November 15 - Mexican Fiesta  
November 29 - Sweet Potato Sweeties  
December 6 - pARTy Pretzels  
December 13 - Cookie pARTy

**Supply Fee: \$12.00 to be included with the tuition payment**

### **Thurs–Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 30, Dec. 7**

#### **Seed to Sprouts with Mrs. Cross for 3 and 4 year olds\* – 1:15–1:45 p.m.**

Learn where our food comes from, and how to grow food and plants from start to finish by exploring gardening! Plant new seeds and harvest food planted in one of our growing areas from our edible garden. Indoors, we will create a small hanging garden, terrariums and garden art to share with the family. From time to time we will harvest what we can for snacks and taste new healthy treats from fruits and vegetables.

Sept. 14: Weeds, what are they?	Sept. 21: Planting seeds for sprouts
Sept. 28: Painted flower pots	Oct. 5: Planting in our flower pots
Oct. 12: Clay garden markers	Oct. 19: Garden art fun & pumpkin pots
Oct. 26: Planting in the garden box	Nov. 2: Garden Painting/caring for garden
Nov. 9: Gorgeous Gourds	Nov. 16: Plant fall colors in a garden box
Nov. 30: Flower printing/pressing	Dec. 7: Holiday wreaths from the garden

**Supply Fee: \$12.00 to be included with the tuition payment**

### **Thurs – Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 30, Dec. 7**

#### **Ballet/Tumbling with Mrs. Scott for 3 and 4 year olds\* – 1:45-2:30 p.m.**

Ballet/Tumbling classes will meet for 45 minutes. Children will work on ballet technique, learning the basic ballet steps which promote rhythm, flexibility and grace, and improve balance. They will also work on the tumbling mats to increase strength and coordination. Creative expression will be fostered as they begin their love for dance. At the end of the 12 week session there will be a mini-recital for the parents to see their precious ballerina perform. Attire is leotard and tights, any color, any style, and pink ballet shoes. Mrs. Scott has been teaching ballet and other forms of dance for over 20 years. Her classes are Christian based with the focus of the recital on worshipping Christ.

# Registration Form

**Enrichment class pricing is as follows:**

**\$180.00** for 12 weeks. These prices include extended day until 2:30. If your child is staying until 3:30, you will need to include one extended day ticket. Regular extended day programming is still available.

**Note: Mrs. Cross' Art, Cooking and Gardening classes have an additional \$12.00 materials fee.**

**Mondays – (12 week classes)**

- 3 year old\* Soccer .....
- 4 year old\* Soccer.....
- 2, 3 & 4\* Music & Movement with Ms. Mollie.....

**Tuesdays – (12 week classes)**

- 2 year old\* Soccer.....
- 3 & 4 year old\* Yoga with Mrs. Richmond.....
- 3 & 4 year old\* Spanish with Mrs. Nassar.....

**Wednesdays -- (12 week classes)**

- 3 & 4 year old\* Art with Mrs. Cross.....
- VPK Cooking with Mrs. Cross.....

**Thursdays – (12 week classes)**

- 3 & 4 year old\* Gardening with Mrs. Cross.....
- 3 & 4 year old\* Ballet with Mrs. Scott.....

**Enroll Now!! Space is limited to 12 students per class. There is an 8 student limit for the 2 year old soccer class.**

**\*Indicates class age group (as of Sept. 1, 2017).**

Child's Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_

Total Due \$ \_\_\_\_\_

# The Growing Tree



## Winter Park Presbyterian Preschool After School Enrichment Program

2017 Fall Session

Classes Run from September - December