



## Fall Enrichment Classes 12 Week Sessions

### **Mon – Sept. 10, 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 26, Dec. 3** **Soccer for 3s\* – 1:20-1:55 p.m.**

*Soccer Shots* is the national leader in youth soccer development for children ages 2 through 8. Our program was created under the guidance of childhood education specialists, MLS and USL professional soccer players, and experienced and licensed soccer coaches. We use creative and age appropriate curricula, and infuse each lesson plan with enthusiasm and structured activity. All of our coaches are enthusiastic individuals who love working with children of all ages.

### **Mon – Sept. 10, 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 26, Dec. 3** **Soccer for VPK\* – 1:55-2:30 p.m.**

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### **Mon – Sept. 10, 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 26, Dec. 3** **Music & Movement for 2s, 3s and VPK\* with Mrs. BoDeep** **2:00-2:30 p.m.**

Music & Movement is an excellent way for your child to develop balance and coordination through creative dance and expression, rhythmic movement, and song and dance activities. The children learn body awareness, eye-hand coordination and directionality. They will learn how to follow directions while having fun! We also incorporate a variety of musical instruments and props for the children to explore which provides a creative atmosphere where children can experiment with new materials as they move to the beat! This class is designed to build attention and self-expression and includes singing, chanting, moving, focused listening, musical games and storytelling. Mrs. BoDeep integrates an array of musical instruments and creative movement into her class, and this combination provides a fun, creative musical experience!

### **Tues – Sept. 11, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 27, Dec. 4** **Soccer for 2s\* – 1:25-2:00 p.m.**

This age appropriate curriculum has been developed to help two year old children with coordination, balance, and psychomotor skills, all while having fun and using a soccer ball. *Soccer Shots* is the national leader in youth soccer development for children ages 2 through 8. Our program was created under the guidance of childhood education specialists, MLS and USL professional soccer players, and experienced and licensed soccer coaches. We use creative and age appropriate curricula, and infuse each lesson plan with enthusiasm and structured activity.

### **Tues – Sept. 11, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 27, Dec. 4** **Yoga for 3s and VPK\* with Mrs. Richmond – 1:30-2:00 p.m.**

Yoga for kids is an incredibly fun, interactive and educational experience! A passion for yoga and a love for children is at the core of this program. Children derive enormous benefits from yoga. Physically, it enhances their flexibility, strength, coordination, and body awareness. In addition, their concentration and sense of calmness and relaxation improves. Yoga teaches them to persevere, be patient and work toward their goals.

#### **The Yoga curriculum includes.....**

- breathing exercises appropriate for children
- child-friendly yoga poses
- relaxation techniques & visualizations
- creating and using themes and stories
- yoga games
- partner & group poses
- simple creative movement routines

Mrs. Erin Richmond has been teaching yoga for nine years. She started her training in NYC and has her 500 hour certification as well as certifications in prenatal and children's yoga. Her favorite students are children. She loves hearing their laughter and seeing joy in their faces while practicing yoga!

### **Tues – Sept 11, 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 27, Dec 4** **Spanish with Mrs. Aida Nassar for 3s and VPK\*-- 2:00-2:30 p.m.**

Bienvenidos a la clase de Español! Come and join Señora Aida Nassar for Spanish! Have fun learning Spanish while singing, playing games and acting out some of our favorite stories like Dora, Diego and Dr. Seuss. Aida Nassar was born and raised in El Salvador as a native Spanish speaker. She has lived in Florida since 1989 and earned a Bachelor of Science degree in Biology Education from UCF. She has had the pleasure of working for WPPC Preschool for eight years. Our preschool students are at an ideal age to learn a second language. Discover how easy it is to have a great time while learning. !Nos vemos pronto!

### **Wed–Sept. 12, 19, 26 Oct 3, 10, 17, 24, 31 Nov 7, 14, 28 Dec 5** **“ART LOVERS” with Mrs. Cross for 3’s & VPK students –** **1:15-1:45 p.m.**

Mrs. Cross’ art students soon learn that creative expression is as individual as our laughter. Through the arts, children gain self-confidence, develop fine and gross motor skills, social skills and problem solving skills. ART LOVERS allows students who love art to have a chance to spend extra time expanding their imaginations and vocabulary of art, artists, materials and tools. Kids get tactile, sensory, gluing, building, organizing, sorting, painting, three dimensional, two dimensional, textures, elements of art, drawing, cutting, tearing, shapes, forming, color mixing and primary colors experiences. Art students will work with clay, paints, print making, positive and negative spaces and just have lots of fun with art experiences and the process. Real artists materials for real artists.

**Supply Fee: \$20.00**

### **Wed–Sept. 12, 19, 26 Oct 3, 10, 17, 24, 31 Nov 7, 14, 28, Dec 5** **Culinary Kids with Mrs. Cross for VPK students –** **1:45–2:30 p.m.**

Experience the joy of cooking and science! Each week students will use new ingredients to prepare a unique dish for snacking and sometimes sharing. Students will experience a chance to set the table, napkin folding, coming together, food passing and table conversations. **Supply Fee: \$20.00.**

### **Thurs–Sept. 6, 13, 20, 27 Oct 4, 11, 25 Nov 1, 8, 15, 29 Dec 6** **“The Great Outdoors” with Mrs. Richcreek for 3s and VPK --** **2:00–2:30 p.m.**

The Great Outdoors is an enrichment class focusing on interacting with the outside world around us. Children will be primarily outdoors (weather permitting) and frequently using the new, preschool nature center. Our goals are interacting with nature by looking at insects, plants, and wildlife that is around us. We will plant, dig in mud, use garden tools, find ways to help our earth, and generally make a mess in every class. Craft activities will also include making a terrarium, bird feeder, stepping stone, wind chime, a nature insect, and a bird’s nest. Susan Richcreek has been at WPPP for 12 years. She has worked with 2s, 3s and VPK age children. She also leads chapel each Wednesday. Susan loves science and nature and is looking forward to teaching in the Great Outdoors.

**Supply Fee: \$20.00**

### **Thurs–Sept 6, 13, 20, 27 Oct 4, 11, 25 Nov 1, 8, 15, 29, Dec. 6** **Beginning Ballet/Tumbling with Mrs. Scott for 3s & VPK –** **\*1:45 – 2:30 p.m.**

Ballet/Tumbling classes will meet for 45 minutes. Children will work on ballet technique, learning the basic ballet steps which promote rhythm, flexibility and grace, and improve balance. They will also work on the tumbling mats to increase strength and coordination. Creative expression will be fostered as they begin their love for dance. At the end of the 12 week session there will be a mini-recital for the parents to see their precious ballerina perform. Attire is leotard and tights, any color, any style, and pink ballet shoes. Mrs. Scott has been teaching ballet and other forms of dance for over 20 years. Her classes are Christian based with the focus of the recital on worshipping Christ.

# Registration Form

## After School Enrichments -Fall 2018

**Mondays – (12 week class). Dates: Sept. 10, 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 26, Dec. 3**

- 3s\* Soccer
- VPK\* Soccer
- 2s\*, 3s & VPK Music & Movement with Ms. Alison

**Tuesdays – (12 week class). Dates: Sept. 11, 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6, 13, 27, Dec. 4**

- 2s\* Soccer
- 3s\* & VPK\* Yoga with Mrs. Richmond
- 3s\* & VPK\* Spanish with Mrs. Nassar

**Wednesday – (12 week class). Dates: Sept. 12, 19, 26, Oct 3, 10, 17, 24, 31 Nov 7, 14, 28, Dec 5**

- 3s\* & VPK\* Art Lovers with Mrs. Cross
- VPK Culinary Kids with Mrs. Cross

**Thursdays – (12 week class). Dates: Sept 6, 13, 20, 27, Oct 4, 11, 25 Nov 1, 8, 15, 29, Dec. 6**

- 3s\* & VPK\* Nature Experiences w/Mrs. Richcreek
- 3s & VPK\* Beginning Ballet with Mrs. Scott

Child's Name: \_\_\_\_\_

Child's Class: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

\$180.00 x \_\_\_\_\_ # of classes = \$ \_\_\_\_\_

**+20.00** materials fee (Art & Nature classes only) \$ \_\_\_\_\_

TOTAL DUE \$ \_\_\_\_\_

**Paid: Cash** \_\_\_\_\_ **Check#** \_\_\_\_\_ **Bill Account** \_\_\_\_\_

# Registration Information

**Enrichment class pricing is as follows:**

**\$180.00** for 12 weeks. These prices include extended day until 2:30. If your child is staying until 3:30, you will need to include one extended day ticket. Regular extended day programming is still available.

**Note: Nature Experiences & Art classes have an additional \$20.00 materials fee.**

**Enroll Now!! Space is limited to 12 students per class. There is an 8 student limit for the 2 year old soccer class. First come first served. We cannot reserve spaces without completed registration form. There is a minimum of 4 students required for all classes. Any make-up days normally will be the week after the last scheduled class.**

**\*Indicates class age group (as of Sept. 1, 2018).**

# The Growing Tree



## Winter Park Presbyterian Preschool After School Enrichment Program

2018 Fall Session

12 Weeks

Classes Run from September – December