

Winter Park Presbyterian Preschool

Health Guidelines



Keep your child home a **FULL DAY** after they exhibit any of these symptoms:

- Fever of 100 degrees or greater
- Heavy chest congestion
- Severe coughing
- Difficult or rapid breathing
- Exposed, open skin lesions
- Unusually dark urine and/or gray or white stool
- Diarrhea (more than one abnormally loose stool within a 24-hour period)
- Vomiting
- Very fussy, tired, cranky, lethargic, poor color, loss of appetite
- Unidentified skin rash
- Sore throat
- Eye inflammation, redness and/or discharge
- Has taken antibiotics for less than 24 hours
- Earache
- Swollen glands

Communicable/Contagious Diseases

Parents can assist us in maintaining a safe and healthy environment for all of our children by helping to reduce the spread of illness. Please inform the office if your child has influenza, viral gastroenteritis, bronchitis, chicken pox, mumps, measles, strep throat, head lice, hand/foot/mouth disease, impetigo, conjunctivitis (pink eye). Likewise, we will inform you if your child is exposed to any of these. Remember, for chicken pox, sores must be completely scabbed over with no new blisters present.

Allergies

Please inform us if your child is allergic to foods, insect bites or has seasonal allergies, what his/her usual reaction is and treatment plan by filling out our Medical/Allergy Disclosure Form. If your child has a nut allergy, please let us know what type (peanut, tree nut/type of tree nut.) We may need a note from your child's physician with more information.

Chronic Conditions

Please inform us of any condition that may affect, restrict or inhibit activities or behaviors of your child. Children with chronic illnesses such as diabetes or asthma, or those children with unusual medical circumstances or conditions, must have a care plan on file in the office from their physician. Additionally, training by a medical professional should be arranged for staff as necessary depending upon the situation and FL state regulations. Such training is also required for the administration of medication not typically prescribed for children. A parent/guardian may come to administer medication to his or her own child during the day. When possible, the child's physician should arrange a dose schedule that does not involve preschool hours.

Medications

If a prescription medication or a nonprescription topical ointment/lotion (including diaper rash cream, sunscreen or bug spray) is required for your child during the school day, it must be brought to the office in the original container and the DCF Authorization for Administration of Medication form must be completed and signed. All prescription and nonprescription medication that must be administered will require written authorization from your child's doctor in addition to the DCF authorization form. **No medication of any kind – with the exception of the EpiPens – will be taken into the classroom.**

What happens if your child becomes sick at school?

In an obvious emergency situation 911 will be called, and the parent will be notified immediately. If your child becomes sick at school or develops any of symptoms listed at the top of this page, they will be isolated and parents will be called to pick up. Please come immediately. If you cannot make it within an hour, please have an alternative person pick up.