# Winter Park Presbyterian Preschool Health Guidelines June 2022 Update

It is a FLDCF requirement that we must be notified by 10:00 a.m. whenever your child is absent.



Out of an abundance of caution we require that you keep your child at home **ONE FULL DAY AFTER** they no longer exhibit any of the symptoms listed below that are associated with many communicable diseases and COVID-19:

# Symptoms include, but may not be limited to the following:

- Fever of 100 degrees or higher or chills
- Cough or heavy chest congestion
- Shortness of breath or difficulty breathing
- Fatigue, very fussy, lethargic, poor color, loss of appetite
- Muscle or body aches
- Headache
- Loss of taste or smell
- Sore or scratchy throat
- Congestion or runny nose (with an additional symptom)
- Nausea, vomiting, diarrhea or stomach pain
- Exposed, open skin lesions
- Unidentified skin rash
- Eye inflammation, redness and/or discharge
- Has taken antibiotics for less than 24 hours
- Earache
- Swollen glands

# **COVID Guidelines and Precautions**

Any child who has had a COVID diagnosis may return to school after 5 days since symptoms first appeared and 24 hours with no symptoms (fever, fatigue or respiratory symptoms including cough). The child must be symptom free without medication before returning to school. In some cases we may require doctor's note of wellness, a negative COVID test <u>and/or</u> the director's permission before returning. We acknowledge that these guidelines may be more cautious than what is allowed in other schools.

#### If your child has been in direct contact with someone who has COVID

Contact the director (email triciaw@winppc.org) for guidance for your individual circumstances. Watch for fever (100 degrees or higher), fatigue, headache, sore or scratchy throat, runny nose, congestion, cough or other symptoms of COVID. Keep your child home if they begin to display any symptoms, even if very mild. Depending on the circumstances we may require a negative COVID test or a period of time off to see if symptoms develop.

# Suspected or confirmed case of COVID in your child's class

If a child becomes sick at school or develops any of the COVID symptoms listed, they will be isolated and parents will be called to pick up. If a student in you child's classroom has tested positive for COVID you will be notified via text message.

## **Communicable/Contagious Diseases**

Parents can assist us in maintaining a safe and healthy environment for our children by helping to reduce the spread of illness. Please inform the office if your child has influenza, gastroenteritis, bronchitis, chicken pox, mumps, measles, strep throat, head lice, hand/foot/mouth disease, impetigo or conjunctivitis (pink eye). Likewise, we will inform you if your child is exposed to any of these. Sores from rashes must be completely scabbed over with no oozing or new blisters present for your child to attend school. (Please refer to COVID-19 policy on other side for specific information regarding that illness.)

#### Allergies

Please inform us if your child is allergic to foods, insect bites or has seasonal allergies, what his/her usual reaction is and treatment plan by filling out our Medical & Allergy Disclosure Form. If your child has a nut allergy, please let us know what type (peanut, tree nut/type of tree nut.) We may require a care plan or note from your child's physician with more information depending on the nature and severity of the allergy.

## **Chronic Conditions**

Please inform us of any condition that may affect, restrict or inhibit activities or behaviors of your child. Children with chronic illnesses such as diabetes or asthma, or those children with unusual medical circumstances or conditions, must have a care plan on file in the office from their physician. Additionally, training by a medical professional should be arranged for staff depending upon the situation and FL state regulations. A parent may be required to come to the school to administer medication during the day. When possible, the child's physician should arrange a dose schedule that does not involve preschool hours.

#### **Medications**

If a prescription medication or a nonprescription topical ointment/lotion (including diaper rash cream, sunscreen or bug spray) is required for your child during the school day, it must be brought to the office in the original container and the FLDCF Authorization for Administration of Medication form must be completed and signed. All prescription and nonprescription medication that must be administered during the school day will require written authorization from your child's doctor in addition to the DCF authorization form, and a parent may be required to come to the school to administer. Preschool staff is not authorized to determine when an "as needed" medication is to be given. **No medication of any kind – with the exception of the EpiPens – will be taken into the classroom.** 

#### What happens if your child becomes sick at school?

In an obvious emergency situation 911 will be called, and the parent will be notified immediately. If your child becomes sick at school or develops any of symptoms listed, they will be isolated and parents will be called to pick up. Please come immediately. If you cannot make it within 30 minutes an alternative person on your emergency pick up list must come.

#### Director has final authority on when a child can attend or return to school

We reserve the right to temporarily deny any child admittance to the school for reasons of obvious illness, or to request early departure should symptoms become apparent during the course of the day. For the health and wellbeing of the children in our care and our staff we feel it is vital to maintain a strict wellness policy. We ask for parents to assist by keeping sick children at home. We do take into consideration your physician's recommendations nevertheless it is up to our discretion when your child may return to school. Factors of consideration include the developmental level of your child in congruence with our ability to limit the spread of germs. The younger the child, the more difficult it is to keep the spread of germs down. For example: hand to face contact, mouthing of toys, uncontrolled nasal discharge, uncovered sneezing and coughing etc.