

# Winter Park Presbyterian Preschool Health Guidelines 2021 UPDATE

***Notify the WPPP office whenever your child is absent. Your signature on the Attendance Acknowledgement and Disclosure denotes your full knowledge of responsibility to comply with these regulations.***



## **COVID-19 GUIDELINES**

**Keep your child home 48 HOURS AFTER they no longer exhibit any of the symptoms of COVID-19 listed below. They may return one full day after they no longer exhibit any symptoms but must have a doctor's note of wellness and the director's permission, and must be symptom free without medication.**

**Any child who has had a COVID-19 diagnosis may return to school after three days with no symptoms (fever, respiratory symptoms including cough, shortness of breath), a negative COVID test and at least 14 days since symptoms first appeared. The child must be symptom free without medication. We also require doctor's note of wellness and the director's permission before returning.**

**Symptoms include, but may not be limited to the following:**

- Fever of 100 degrees or higher
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose (with an additional symptom)
- Nausea, vomiting, diarrhea or stomach pain

We understand that many of these symptoms can also be related to non-COVID-19 related issues but must use an abundance of caution. These symptoms typically appear 2-7 days after being infected so please take them seriously.

### **If your child has been in close contact with someone who has COVID-19**

Keep your child home for 14 days after their last contact with a person who has COVID-19. Watch for fever (100 degrees or higher), cough or other symptoms of COVID-19. We may require a negative COVID test taken no earlier than 8 days after exposure before returning to the preschool, or additional time off if the child has not been tested.

### **Suspected or confirmed case of COVID-19 in the preschool**

If a child becomes sick at school or develops any of the COVID symptoms listed, they will be isolated and parents will be called to pick up. Please come immediately. If you cannot make it within 30 minutes, an alternative person must pick up. Follow the guidelines above to determine if your child may safely return to school.

If there is a confirmed positive case (staff member or student) in the preschool we will notify the Florida Dept. of Health and FLDCF, communicate with parents, clean and disinfect thoroughly. WPPP will close classrooms or the entire school as directed by the Florida Dept. of Health.

*Continued on back...*

**Keep your child at home ONE FULL DAY AFTER they exhibit any of these symptoms that are associated with communicable diseases (but not necessarily COVID-19)**

- Heavy chest congestion
- Exposed, open skin lesions
- Unusually dark urine and/or gray or white stool
- Very fussy, tired, cranky, lethargic, poor color, loss of appetite
- Unidentified skin rash
- Eye inflammation, redness and/or discharge
- Has taken antibiotics for less than 24 hours
- Earache
- Swollen glands

**Communicable/Contagious Diseases**

Parents can assist us in maintaining a safe and healthy environment for our children by helping to reduce the spread of illness. Please inform the office if your child has influenza, viral gastroenteritis, bronchitis, chicken pox, mumps, measles, strep throat, head lice, hand/foot/mouth disease, impetigo, conjunctivitis (pink eye). Likewise, we will inform you if your child is exposed to any of these. Remember, for chicken pox, sores must be completely scabbed over with no new blisters present. (Please refer to COVID-19 policy on other side for specific information regarding that illness.)

**Allergies**

Please inform us if your child is allergic to foods, insect bites or has seasonal allergies, what his/her usual reaction is and treatment plan by filling out our Medical/Allergy Disclosure Form. If your child has a nut allergy, please let us know what type (peanut, tree nut/type of tree nut.) We may need a note from your child's physician with more information.

**Chronic Conditions**

Please inform us of any condition that may affect, restrict or inhibit activities or behaviors of your child. Children with chronic illnesses such as diabetes or asthma, or those children with unusual medical circumstances or conditions, must have a care plan on file in the office from their physician. Additionally, training by a medical professional should be arranged for staff as necessary depending upon the situation and FL state regulations. Such training is also required for the administration of medication not typically prescribed for children. A parent/guardian may come to administer medication to his or her own child during the day. When possible, the child's physician should arrange a dose schedule that does not involve preschool hours.

**Medications**

If a prescription medication or a nonprescription topical ointment/lotion (including diaper rash cream, sunscreen or bug spray) is required for your child during the school day, it must be brought to the office in the original container and the DCF Authorization for Administration of Medication form must be completed and signed. All prescription and nonprescription medication that must be administered will require written authorization from your child's doctor in addition to the DCF authorization form. **No medication of any kind – with the exception of the EpiPens – will be taken into the classroom.**

**What happens if your child becomes sick at school?**

In an obvious emergency situation 911 will be called, and the parent will be notified immediately. If your child becomes sick at school or develops any of symptoms listed, they will be isolated and parents will be called to pick up. Please come immediately. If you cannot make it within 30 minutes an alternative person must pick up.