### 12 Week After School **Enrichment Classes Have Begun!**

### Mondays

- VPK Sports4Fun Soccer
- VPK Rock 'n Run with Mrs. Alison
- Threes Sports4Fun Soccer

### Tuesdays

- VPK Sports4Fun Mixed Sports
- VPK S.T.E.M. with Mrs. Seel
- Threes Sports4Fun Mixed Sports
- Threes Rock 'n Run with Ms. Alison

### Wednesdays

- VPK Fit-N-Fun Gymnastics with Ms. Alayne
- VPK Speaking Spanish with Mrs. Jessica Pardo
- Threes Fit-N-Fun Gymnastics with Ms. Alayne

#### Thursdays

- VPK Ballet/Tumbling with Mrs. Scott
- Threes Spanish with Ms. A





Wednesday

**Chapel Themes** Be sure to wear purple!





## **IMPORTANT REMINDERS**

We ask your assistance in keeping our school open and COVID-free by taking these simple steps:

- Visitors may not enter classrooms even when wearing face masks.
- All adults must wear face masks when on campus. This includes while in vehicles in car line and interacting with staff mem-
- Move quickly through the hallways. If you would like to stop and visit with someone, please move your conversation to the parking lot.
- Leave strollers outside. Do not push them through the hallways.
- Maintain social distance from others.
- Children are not required to wear face masks, but we will completely support any family that wishes for their child age 3 or older to wear one.

God our Father, God our Father, once again, once again, May we ask your blessing, may we ask your blessing. Amen. Amen.

### Thank You Prayer

Thank you, thank you, my heart sings, my heart sings, Thank you, thank you, my heart sings. Thank you for everything Lord.

### **ABC Prayer**

ing me the things I need, the sun and the rain and the appleseed. Oh the Lord is good to me. Johnny Appleseed. Amen.

### September First Chapel

- Creation
- 15 Adam and Eve
- 22 Noah
- 29 Baby Moses

### October

- 6 Manna
- 13 Commandments
- 20 Joshua
- 27 Hannah

### November

- Samuel
- 10 Jonah 17 David

### December

- Daniel
- Angel to Mary
- Jesus Birth

## **Classroom Prayers**

## **God Our Father**

ABCDEFG, thank you Lord for feeding me. Amen.

## Johnny Appleseed Prayer

Oh the Lord is good to me, and so I thank the Lord, for giv-



# The Grapevine

Winter Park Presbyterian Preschool **400 South Lakemont Avenue** Winter Park, FL 32792 407-629-0727 www.winppc.org

## **COVID Update**

If your child has been in close contact with someone who has COVID please notify the Director immediately so she can notify families and take appropriate safety measures as needed. Keep your child home for 14 days after their last contact with a person who has COVID. Watch for fever (100 degrees or higher), cough or other symptoms of COVID. We may require a negative COVID test taken no earlier than 8 days after exposure before returning to the preschool, or additional time off if the child has not been tested.

If there is a confirmed positive case (staff member or student) in the preschool we will notify the Florida Dept. of Health and FLDCF, communicate with parents, of children that have been in contact with this person, clean and disinfect thoroughly. WPPP will close classrooms or the entire school as directed by the Florida Dept. of Health.

Any child who has had a COVID diagnosis may return to school after they receive a negative COVID test and at least 14 days since symptoms first appeared and 3 days with no symptoms. The child must be symptom free without medication. In some cases we also require doctor's note of wellness and the director's permission before returning.



## Meet Our New Art Teacher Ms. Alea

We are very happy to announce that Ms. Alea Schroeder will be taking over our art program. Alea has always loved art, and graduated with a degree in Art and Theater from Cedar Crest College. For the past 16 years she has owned All Fired Up, Winter Park's original paint it yourself pottery studio. Her favorite part of owning the studio was encouraging people of all ages to explore their creativity through pottery painting.

Alea has two daughters, Thoryn, in first grade, and Riven, who attends WPPP. Both girls love to test the art projects Alea plans for our students. "They are honest reviewers and they will tell me if something is fun or not," says Alea.



Art lessons will focus on the process rather than the product, but she aims to send artwork home too. She says with a smile, "I am really looking forward to being in the classroom with the children because I know they will teach me...maybe more than I teach them"

## **Upcoming PAC Events**



## Kelly's Homemade Ice Cream Wednesday, September 15 12:30pm-3:45pm

Families and teachers alike enjoyed Kelly's Ice Cream visits last year. We are thrilled to have Kelly's back serving ice cream to go from their truck on Sept. 15. Those who wish to participate will need to fill out a preorder form. The link will be sent via "News from the Preschool" email posted on our Facebook page and sent home on a flyer. You will receive an invoice within 24-48 hours that will enable you to make your payment. The preschool will receive 20% of sales.



## Scholastic Book Fair Monday-Friday November 8-12

Our Fall Scholastic Book Fair is coming soon. This program enables us to buy



classroom materials, furnishings and BOOKS! More information will be provided in the coming weeks! Thank you for supporting our preschool!



## PAC Fall Clean-up Day Saturday, November 13

Fall Clean-up Day is scheduled for Saturday, November 13 from 9am-1pm. There will be opportunities for painting tables, pressure washing, cleaning windows, nature center upkeep, raking, staining fence, planting, weeding and replenishing garden boxes.

If you have any questions or would like to volunteer, please contact Amanda at <a href="mailto:garrettnamanda@gmail.com">garrettnamanda@gmail.com</a>. If you are not able to make it on Nov. 13, there are many other ways to help.

## How to Help Your Child Fall Asleep Faster

By Jade Grimes, B.A., RBT

- Encourage your child to engage in soothing activities before bedtime, such as reading or listening to soft music.
- Create a relaxing bedtime routine to help transition to bed easier.
- If they leave their room while they are supposed to be asleep, allow only one "free pass" for visit outside of the room.
- Reduce noise and bright light in their room by dimming the light in the room and turning off devices an hour before bedtime.
- Keep wake and sleep times the same throughout the week, even during holidays and weekends.

## **Sept/Oct Calendar Highlights**

- Monday, September 6
   Labor Day/no school
- Tuesday, September 7
   Art classes for 3s & VPK begin
- Thursday, September 16
   Kelly's Homemade Ice Cream,
   12:30pm-3:45pm
- Thursday, September 23
   PAC Committee Zoom Meeting 10:00am
- October 3-9 Fire Prevention Week



## **Potty Training Tips**

By Jade Grimes, B.A., RBT

- Wait until your child shows that they are interested in potty training before jumping in or expecting it to happen at a specific age.
- While at home take them to the bathroom at regular times (for example, every 15-45 minutes).
- Keeping a diary of where and when they go potty can be helpful to see how often they need to use the bathroom.
- Make potty time a fun time together by singing songs, playing games or reading a book.
- Give tons of praise, tickles, high fives or a little something tasty when they go potty on the toilet.

Our classes are now full and extended day has reached current capacity. Please let us know if you anticipate needing additional days or longer care and we will put your name on the wait list to be notified if there is an opening.

Thank you