



Spring Enrichment Classes - 2019 12 Week Sessions

Mon – Jan. 14, 28, Feb. 4, 11, 25, Mar. 4, 11, 25, Apr. 1, 8, 15, 22 **Soccer for 3s* – 1:20-1:55 p.m.**

Soccer Shots is the national leader in youth soccer development for children ages 2 through 8. Our program was created under the guidance of childhood education specialists, MLS and USL professional soccer players, and experienced and licensed soccer coaches. We use creative and age appropriate curricula, and infuse each lesson plan with enthusiasm and structured activity. All of our coaches are enthusiastic individuals who love working with children of all ages.

Mon – Jan. 14, 28, Feb. 4, 11, 25, Mar. 4, 11, 25, Apr. 1, 8, 15, 22 **Soccer for VPK* – 1:55-2:30 p.m.**

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Mon – Jan. 14, 28, Feb. 4, 11, 25, Mar. 4, 11, 25, Apr. 1, 8, 15, 22 **Music & Movement for Older Toddlers, 2s & young 3s with Mrs. Alison BoDeep – 2:00-2:30 p.m.**

Music & Movement is an excellent way for your child to develop balance and coordination through creative dance and expression, rhythmic movement, and song and dance activities. The children learn body awareness, eye-hand coordination and directionality. They will learn how to follow directions while having fun! We also incorporate a variety of musical instruments and props for the children to explore which provides a creative atmosphere where children can experiment with new materials as they move to the beat! This class is designed to build attention and self-expression and includes singing, chanting, moving, focused listening, musical games and storytelling. Ms. Alison integrates an array of musical instruments and creative movement into her class, and this combination provides a fun, creative musical experience!

Tues – Jan. 22, 29 Feb. 5, 12, 19, 26, Mar. 5, 12, 26, Apr. 2, 9, 16 **Soccer for 2s* – 1:25-2:00 p.m.**

This age appropriate curriculum has been developed to help two year old children with coordination, balance, and psychomotor skills, all while having fun and using a soccer ball. *Soccer Shots* is the national leader in youth soccer development for children ages 2 through 8. Our program was created under the guidance of childhood education specialists, MLS and USL professional soccer players, and experienced and licensed soccer coaches. We use creative and age appropriate curricula, and infuse each lesson plan with enthusiasm and structured activity.

Tues – Jan. 22, 29 Feb. 5, 12, 19, 26, Mar. 5, 12, 26, Apr. 2, 9, 16 **Yoga for 3s and VPK* with Mrs. Richmond – 1:30-2:00 p.m.**

Yoga for kids is an incredibly fun, interactive and educational experience! A passion for yoga and a love for children is at the core of this program. Children derive enormous benefits from yoga. Physically, it enhances their flexibility, strength, coordination, and body awareness. In addition, their concentration and sense of calmness and relaxation improves. Yoga teaches them to persevere, be patient and work toward their goals.

The Yoga curriculum includes.....

- breathing exercises appropriate for children
- child-friendly yoga poses
- relaxation techniques & visualizations
- creating and using themes and stories
- yoga games
- partner & group poses
- simple creative movement routines

Mrs. Erin Richmond has been teaching yoga for nine years. She started her training in NYC and has her 500 hour certification as well as certifications in prenatal and children's yoga. Her favorite students are children. She loves hearing their laughter and seeing joy in their faces while practicing yoga!

Tues – Jan. 22, 29 Feb. 5, 12, 19, 26, Mar. 5, 12, 26, Apr. 2, 9, 16 **Spanish with Mrs. Aida Nassar for 3s and VPK*-- 2:00-2:30 p.m.**

¡Bienvenidos a la clase de Español! Come and join Señora Aida Nassar for Spanish! Have fun learning Spanish while singing, playing games and acting out some of our favorite stories like Dora, Diego and Dr. Seuss. Aida Nassar was born and raised in El Salvador as a native Spanish speaker. She has lived in Florida since 1989 and earned a Bachelor of Science degree in Biology Education from UCF. She has had the pleasure of working for WPPC Preschool for eight years. Our preschool students are at an ideal age to learn a second language. Discover how easy it is to have a great time while learning. ¡Nos vemos pronto!

Wed – Jan. 23, 30, Feb. 6, 13, 27, Mar. 6, 13, 27, Apr. 3, 10, 17, 24 **“ART LOVERS” Goes 3 Dimensional with Mrs. Cross for 3s and VPK*-- 1:15-1:45 p.m.**

Mrs. Cross' art students soon learn that creative expression is as individual as our laughter. Through the arts, children gain self-confidence, develop fine and gross motor skills, social skills and problem solving skills. ART LOVERS allows students who love art to have a chance to spend extra time expanding their imaginations and vocabulary of art, artists, materials and tools. Kids get tactile, sensory, gluing, building, organizing, sorting, painting, three dimensional, two dimensional, textures, elements of art, drawing, cutting, tearing, shapes, forming, color mixing and primary colors experiences. Art students will work with clay, paints, print making, positive and negative spaces and just have lots of fun with art experiences and the process. Real artist's materials for real artists.

Supply Fee: \$20.00

Wed – Jan. 23, 30, Feb. 6, 13, 27, Mar. 6, 13, 27, Apr. 3, 10, 17, 24 **“Culinary Kids” with Mrs. Cross for 3s and VPK*--**

1:45-2:30 p.m.

Experience the joy of cooking and science! Each week students will use new ingredients to prepare a unique dish for snacking and sometimes sharing. Students will experience a chance to set the table, napkin folding, coming together, food passing and table conversations. They will be new activities for art and new recipes for cooking for our returning Culinary Kids. **Supply Fee: \$20.00**

Thurs–Jan. 24, 31, Feb. 7, 14, 21, 28, Mar. 7, 14, 28, Apr. 4, 11, 18 **“The Gifts of Nature” with Mrs. Cross for 3s and VPK* –**

1:30 – 2:15 p.m.

Students engage with skills that will develop an appreciation for the simple, joyful aspects of nature and what it means to be an active, connected part of the natural world. Learning useful recycling skills, art and nature intersections like building a personal terrarium, bird feeder, photos from the sun, learning about trees through printmaking, cooking up suet cakes for the birds and more. Fresh air stretches and walks, building with sticks and stones, butterfly moments and magic. I hope your students will join me for a stroll and some hands on learning as we seek a stronger connections to God's gifts around us.

Supply Fee: \$20.00

Thurs–Jan. 24, 31, Feb. 7, 14, 21, 28, Mar. 7, 14, 28, Apr. 4, 11, 18 **Beginning Ballet/Tumbling with Mrs. Scott for 3s and VPK* –**

1:15-2:00 p.m.

Ballet/Tumbling classes will meet for 45 minutes. Children will work on ballet technique, learning the basic ballet steps which promote rhythm, flexibility and grace, and improve balance. They will also work on the tumbling mats to increase strength and coordination. Creative expression will be fostered as they begin their love for dance. At the end of the 12 week session there will be a mini-recital for the parents to see their precious ballerina perform. Attire is leotard and tights, any color, any style, and pink ballet shoes. Mrs. Scott has been teaching ballet and other forms of dance for over 20 years. Her classes are Christian based with the focus of the recital on worshiping Christ.

Thurs–Jan. 24, 31, Feb. 7, 14, 21, 28, Mar. 7, 14, 28, Apr. 4, 11, 18 **Intermediate Ballet/Tumbling with Mrs. Scott for VPK* –**

2:00-2:45 p.m.

Ballet/Tumbling classes will meet for 45 minutes. Children will continue to work on ballet technique, learning next level ballet steps which promote rhythm, flexibility and grace, and improve balance. They will also work on the tumbling mats to increase strength and coordination. Creative expression will be fostered as they begin their love for dance. At the end of the 12 week session there will be a mini-recital for the parents to see their precious ballerina perform. Attire is leotard and tights, any color, any style, and pink ballet shoes. Mrs. Scott has been teaching ballet and other forms of dance for over 20 years. Her classes are Christian based with the focus of the recital on worshiping Christ.

Registration Form

After School Enrichments - Spring 2019

Mondays – (12 week class). Dates: Jan. 14, 28, Feb. 4, 11, 25, Mar. 4, 11, 25, Apr. 1, 8, 15, 22

- 3s* Soccer
- VPK* Soccer
- Older Toddlers, 2s & Young 3's Music & Movement with Ms. Alison

Tuesdays – (12 week class). Dates: Jan. 22, 29 Feb. 5, 12, 19, 26, Mar. 5, 12, 26, Apr. 2, 9, 16

- 2s* Soccer
- 3s* & VPK* Yoga with Mrs. Richmond
- 3s* & VPK* Spanish with Mrs. Nassar

Wednesday – (12 week class). Dates: Jan. 23, 30, Feb. 6, 13, 27, Mar. 6, 13, 27, Apr. 3, 10, 17, 24

- 3s* & VPK* Art Lovers with Mrs. Cross
- VPK Culinary Kids with Mrs. Cross

Thursdays – (12 week class). Dates: Jan. 24, 31, Feb. 7, 14, 21, 28, Mar. 7, 14, 28, Apr. 4, 11, 18

- 3s* & VPK* Gifts of Nature with Mrs. Cross
- 3s* & VPK* Beginning Ballet with Mrs. Scott
- 3s & VPK* Intermediate Ballet with Mrs. Scott

Child's Name: _____

Child's Class: _____

Parent's Name: _____

E-Mail Address: _____

Phone Number: _____

\$180.00 x _____ # of classes = \$ _____

+20.00 materials fee (Art, Cooking & Nature classes only) \$ _____

TOTAL DUE \$ _____

Paid: Cash _____ Check# _____ Charge My Account _____

Registration Information

Enrichment class pricing is as follows:

\$180.00 for 12 weeks. These prices include extended day until 2:30. If your child is staying until 3:30, you will need to include one extended day ticket. Regular extended day programming is still available.

Note: Art, Culinary Kids and The Gifts of Nature classes have an additional \$20.00 materials fee.

Enroll Now!! Space is limited to 12 students per class. There is an 8 student limit for the 2 year old soccer class. **First come first served. We cannot reserve spaces without completed registration form. There is a minimum of 4 students required for all classes. Any make-up days normally will be the week after the last scheduled class.**

***Indicates class age group (as of Sept. 1, 2018).**

The Growing Tree



Winter Park Presbyterian Preschool After School Enrichment Program

2019 Spring Session

Classes Run from January – April