



Spring Enrichment Classes 12 Week Session

Mon – Jan. 23, 30, Feb. 6, 13, 27, Mar. 6, 13, 27, Apr. 3, 10, 17, 24 Soccer for 3 year olds* – 1:20-1:55 p.m.

One of our trademarks is the developmentally appropriate curriculum we use that emphasizes creative play, enjoyment of sport, and character building lessons. All of our coaches are enthusiastic individuals who love working with children of all ages. *Soccer Shots* is the national leader in youth soccer development for children ages 2 through 8. Our program was created under the guidance of childhood education specialists, MLS and USL professional soccer players, and experienced and licensed soccer coaches. We use creative and age appropriate curricula, and infuse each lesson plan with enthusiasm and structured activity.

Mon – Jan. 23, 30, Feb. 6, 13, 27, Mar. 6, 13, 27, Apr. 3, 10, 17, 24 Soccer for 4 year olds* – 1:55-2:30 p.m.

Soccer Shots is the national leader in youth soccer development for children ages 2 through 8. Our program was created under the guidance of childhood education specialists, MLS and USL professional soccer players, and experienced and licensed soccer coaches. We use creative and age appropriate curricula, and infuse each lesson plan with enthusiasm and structured activity.

Mon – Jan. 23, 30 Feb. 6, 13, 27, Mar. 6, 13, 27, Apr. 3, 10, 17, 24 Music & Movement Fun with Tricia Wilson – 2:00-2:30 p.m.

Music & Movement is an excellent way for your child to develop balance and coordination through creative dance and expression, rhythmic movement, and song and dance activities. The children learn body awareness, eye-hand coordination and directionality. They will learn how to follow directions while having fun! We also incorporate a variety of musical instruments and props for the children to explore which provides a creative atmosphere where children can experiment with new materials as they move to the beat! This class is designed to build attention and self-expression and includes singing, chanting, moving, focused listening, musical games and storytelling. Mrs. Wilson is accredited in Musikgarten which she integrates into her music and movement activities, and the combination provides a fun, creative musical experience!

Tues – Jan. 24, 31, Feb. 7, 14, 21, 28, Mar. 7, 14, 28, Apr. 4, 11, 18 Soccer for 2 year olds* – 1:25-2:00 p.m.

This age appropriate curriculum has been developed to help two year old children with coordination, balance, and psychomotor skills, all while having fun and using a soccer ball. *Soccer Shots* is the national leader in youth soccer development for children ages 2 through 8. Our program was created under the guidance of childhood education specialists, MLS and USL professional soccer players, and experienced and licensed soccer coaches. We use creative and age appropriate curricula, and infuse each lesson plan with enthusiasm and structured activity.

Tues – Jan. 24, 31, Feb. 7, 14, 21, 28, Mar. 7, 14, 28, Apr. 4, 11, 18

Yoga with Mrs. Erin Richmond – 2:00-2:30 p.m.

Yoga for kids is an incredibly fun, interactive and educational experience! A passion for yoga and a love for children is at the core of this program. Children derive enormous benefits from yoga. Physically, it enhances their flexibility, strength, coordination, and body awareness. In addition, their concentration and sense of calmness and relaxation improves. Yoga teaches them to persevere, be patient and work toward their goals.

The Yoga curriculum includes.....

- breathing exercises appropriate for children
- child-friendly yoga poses
- relaxation techniques & visualizations
- creating and using themes and stories
- yoga games
- partner & group poses
- simple creative movement routines

Mrs. Erin Richmond has been teaching yoga for nine years. She started her training in NYC and has her 500 hour certification as well as certifications in prenatal and children's yoga. When she first moved to Florida she taught for the Orlando Magic players and now works at the Winter Park YMCA. Her favorite students to teach are children. She loves hearing their laughs and seeing the joy in their faces while practicing yoga!

Tues – Jan. 24, 31, Feb. 7, 14, 21, 28, Mar. 7, 14, 28, Apr. 4, 11, 18 Spanish with Mrs. Aida Nassar for 3 and 4 year olds* –

1:30-2:00 p.m.

Bienvenidos a la clase de Español! Come and join Señora Aída Nassar for Spanish! Have fun learning Spanish while singing, playing games and acting out some of our favorite stories like Dora, Diego and Dr. Seuss. Aida Nassar was born and raised in El Salvador as a native Spanish speaker. She has lived in Florida since 1989 and earned a Bachelor of Science degree in Biology Education from UCF. She has had the pleasure of working for WPPC Preschool for seven years, and enjoys spending summers in El Salvador. Our preschool students are at an ideal age to learn a second language. Discover how easy it is to have a great time while learning. ¡Nos vemos pronto!

Weds – Jan. 25, Feb. 1, 8, 15, Mar. 1, 8, 15, 29, Apr. 5, 12, 19, 26

"ARTy pARTy" with Mrs. Cross for 3 and 4 year olds* –

1:10-1:40 p.m.

Mrs. Cross' art students soon learn that creative expression is as individual as our laughter. Through the arts, children gain self-confidence, develop fine and gross motor skills, social skills and problem solving skills. ARTy pARTy students will expand their imaginations and vocabulary of art, artists, materials and tools.

Jan. 25: Winter Wonderland – Clay

Feb. 8: HeART Art like Jim Dine

Mar 1: Tissue art like Eric Carle

Mar. 15: Print, Print, Print

Apr 5: Nature Art

Apr. 19: Words and Image Art

Supply Fee: \$12.00 to be included with the tuition payment

Feb. 1: Picasso Brushstrokes

Feb. 15: Glass-Like Creations

Mar. 8: Textures and patterns - Clay

Mar 29: Magic color, small banner

Apr 12: Shutterbugs - Get into the picture

Apr. 26: Flower Power

Weds – Jan. 25, Feb 1, 8, 15, Mar. 1, 8, 15, 29, Apr. 5, 12, 19, 26

Culinary Kids with Mrs. Cross for children in VPK classes – 1:45–2:30 p.m.

Experience the joy of cooking and science! Each week students will use new ingredients to prepare, cook, and present a delicious dish. Students will experience a chance to set the table, napkin folding, coming together for a meal, food passing and table conversations.

Jan. 25: Apple French Toast Mini Bakes

Feb. 8: Energy Balls and Bites

Mar 1: Cheese Please

Mar 15: Mac 'n Cheese Cups

Apr 5: Bean Tasting

Apr 19: Vegetable Medley

Supply Fee: \$12.00 to be included with the tuition payment

Feb. 1: Pizza on a Stick

Feb. 15: Mixed Berry Cobbler

Mar 8: Pack a Lunch

Mar 29: Blueberry Scones

Apr 12: Spaghetti Nests

Apr 26: Banana Icebox Cake

Thurs – Jan. 26, Feb 2, 9, 16, 23 Mar. 2, 9, 16, 30, Apr. 6, 13, 20

Seed to Sprouts with Mrs. Cross for 3 and 4 year olds* – 1:15–1:45 p.m.

Learn where our food comes from, and how to grow food and plants from start to finish by exploring gardening! Plant new seeds and harvest food planted in one of our growing areas from our edible garden. Indoors, we will create a small hanging garden, terrariums and garden art to share with the family. From time to time we will harvest what we can for snacks and taste new healthy treats from fruits and vegetables.

Jan. 26: Starts with a Seed - Painted Pots and Seed Planting

Feb. 2: Sprouts and Stems - Science Fun

Feb. 9: Water, Weed and Wait - Garden Plot Crackers

Feb. 16: Winter Greens - Picking and Painting

Feb. 23: Insects in the Garden - Printmaking Fun

Mar 2: Cabbage Exploration - Accordion Books

Mar 9: Colors in the Garden - Spiral Collages and Crowns

Mar 16: Roots - Starting New Plants in Water

Mar 30: Honey Bees - Bee Fun and Honey Tasting

Apr 6: Inch by Inch, Row by Row - Who Grows My Food?

Apr 13: Garden Art with Recyclables

Apr 20: Garden pARTy - Tasty Treats and Flower Fun

Supply Fee: \$12.00 to be included with the tuition payment

Thurs – Jan 26, Feb 2, 9, 16, 23, Mar 2, 9, 16, 30, Apr 6, 13, 20

Ballet/Tumbling with Mrs. Scott for 3 and 4 year olds* – 1:45-2:30 p.m.

Ballet/Tumbling classes will meet for 45 minutes. Children will work on ballet technique, learning the basic ballet steps which promote rhythm, flexibility and grace, and improve balance. They will also work on the tumbling mats to increase strength and coordination. Creative expression will be fostered as they begin their love for dance. At the end of the 12 weeks there will be a mini-recital for the parents to see their precious ballerina perform. Attire is leotard and tights, any color, any style, and pink ballet shoes. Mrs. Scott has been teaching ballet and other forms of dance for over 20 years and her classes are Christian based with the focus of the recital on worshipping Christ. ***This class will be held in the music room #514.***

Registration Form

Enrichment class pricing is as follows:

\$180 for 12 weeks. These prices include extended day until 2:30. If your child is staying until 3:30, you will need to include the additional extended day ticket. Regular extended day programming is still available.

Mondays – (12 week classes)

- 3 year old* Soccer
- 4 year old* Soccer.....
- 2, 3 & 4* Music & Movement with Mrs. Wilson.....

Tuesdays – (12 week classes)

- 2 year old* Soccer.....
- 3 & 4 year old* Yoga with Erin Richmond.....
- 3 & 4 year old* Spanish with Mrs. Nassar.....

Wednesday -- (12 week classes)

- 3 & 4 year old* Art with Mrs. Cross.....
- VPK Cooking with Mrs. Cross.....

Thursdays – (12 week class)

- 3 & 4 year old* Gardening with Mrs. Cross.....
- 3 & 4 year old* Ballet with Leslie Scott.....

Enroll Now!! Space is limited to 10 students per class. There is a 12 student limit for 3 & 4 year old Soccer classes and an 8 student limit for the 2 year old Soccer class. Note: Mrs. Cross' Art, Cooking and Gardening classes have an additional \$12.00 materials fee for these three classes.

***Indicates class age group (as of Sept. 1, 2016).**

Child's Name: _____

Parent's Name: _____

E-Mail Address: _____

Phone Number: _____

Teacher's Name: _____

Total Due \$ _____

The Growing Tree



WPPP After School
Enrichment
Program

Winter/Spring Session

Jan. 23 – Apr. 24

2017